Family resources

Education
Helpful tool for parents
https://www.sophia.org/free-online-courses?gclid=EAIaIQobChMIssPTbZWR6QlIVA9vACh3ALQp3EAAYAyAAEgKdsfDBwE#courses

Reading/writing
PB kids read alongs and more
https://www.youtube.com/channel/UCrNnk0wFBnCS1awGjq_iJGQ

Film
El Dorado writing project
https://www.youtube.com/channel/UCDBwXRaWOGPaKd9Hogt5C-w/featured

Fitness
The body coach tv- PE with Joe
https://www.youtube.com/channel/UCAxW1XToiEJo0TYlRfn6rYQ

Math
Lockdown math
https://www.youtube.com/channel/UCYO_jab_esuFRV4b17AJtAw/featured

Dance

Kids bob
https://www.youtube.com/channel/UCKE0Xnj818IDAhv1cRiQoBg

Mixed activities

Khan academy- tutorials, dances, helpful tips for parents
https://www.youtube.com/channel/UC2ri4rEb8abnNwXvTjg5ARW

Family Activities

Fitness
Youtube vidos
https://www.youtube.com/watch?v=dhCM0C6GnrY
https://www.youtube.com/watch?v=d2Bh0ukDHwY
https://youtu.be/x_YFkVSp34s

Tick tocs
https://youtu.be/CfZxrTV1kIU
Face book videos
https://www.facebook.com/Gymshark/
https://www.facebook.com/Dancefitnesswithjessica/

Instagram videos
https://www.instagram.com/home.exercises/?hl=en
https://www.instagram.com/fitnessfamily_nati/

Orange theory fitness
https://www.orangetheory.com/en-us/athome/?utm_source=google&utm_medium=sem&utm_campaign=OrangeTheory-2020-PPC-Non-Brand-AtHomeWorkout&utm_term=tombras&utm_content=OTFatHome_us&gclid=EAIaIQobChMIyQobChMIyQobChMIy7Qlr6R6Q1VJ_fjBx3MkwskEAAYAyAAEglOrfD_BwE

Fun
Arts and crafts:
Tornado out of soda bottles
https://www.youtube.com/watch?v=-ZirFmGi_dE
Bird house
https://www.youtube.com/watch?v=DR6i_v7Ana4
Side walk chalk drawings
https://whatmomslove.com/kids/sidewalk-chalk-ideas/
Build a fort
https://www.youtube.com/watch?v=zR1Z7euvdhk
Dream catchers
https://www.youtube.com/watch?v=L4fE3Y-C9b0
Science experiments
https://www.youtube.com/watch?v=087hssnar-0
https://www.youtube.com/watch?v=hGwG-GZEfw
Baking cookies, cakes, brownies etc
https://www.youtube.com/watch?v=xckyFTrkmw
https://www.youtube.com/watch?v=JCAQbgAo3aU
Game night
https://www.thechaosandtheclutter.com/archives/family-game-night-ideas
Movie night
https://www.familyminded.com/s/best-family-movies-70f0f42b29d34b3a