

Illinois Breastfeeding Events & Activities

WIC Breastfeeding Resources | Springfield Urban League

For additional information, contact: Audrie.mumphrey@illinois.gov

DHS Breastfeeding Webcasts:

Breastfeeding webcasts are intended to help WIC agency staff meet competency requirements. All staff are encouraged to attend.

*NEW Trainings:

***Way Beyond the ABC's: Preventing Sleep-Related Infant Death"** *available as a webcast!

***Promoting Positive Pregnancy Outcomes for Families and Babies"** *available as a webcast!

Register at: <https://www.springfieldul.org/chtc/distance-learning>

"From Connection to Collective Action: Creative Community Engagement" *available as a webcast!

Register at: From Connection to Collective Action: Creative Community Engagement" | Springfield Urban League

***Webcasts are available for CEUs for up to 2 years after the original air date. For a list of current webcasts and to register:**

Breastfeeding Curriculum Training L2-4

USDA designed training to build competencies among all levels of WIC staff in breastfeeding promotion and support strategies

<https://lactationeducation.com/illinois>

Parent Resources:

for breast/chest-feeding parents, partners, families, hospitals, worksites, early care, and education providers, lactation, and family support

HUG your Baby Digital Parent Resources

<https://www.hugyourbaby.org/illinois-wic-digital-parent-resources>

IL Public Health Institute

<http://iphionline.org/breastfeeding/>

WIC Health:

*WIC Online Nutrition Education - wichealth.org

Educational Webinar Series

Great Lakes Breastfeeding Webinar Series (Monthly)

FREE equity-focused education/ RN, RD, Lactation CERPs provided; new webinars launch on the 3rd Tuesday of every month; *watch "on-demand" webinars on your own time for continuing education for up to 1 year after the initial air date.*

<https://www.mibreastfeeding.org/webinars/>

CDC-USBC Coalition Webinars

Best practices, news, and networking on issues of national significance. For dates and other information:

<https://www.usbreastfeeding.org/learning-opportunities.html>

Calls and Meetings:

Peer Counselor Supervisor Conference Calls

(Illinois WIC Peer Counselor Programs only)

Thursday, May 21, 2026 1-2 pm

Peer Counselor Conference Calls

(Illinois WIC Peer Counselor Programs only)

March 19, 2026 1-2 pm

June 18, 2026 1-2 pm

State Breastfeeding Task Force Meetings

via Webex, contact: Courtney.Adams2@illinois.gov

April 21, 2026 10:00 am – 12:00 pm

July 21, 2026 10:00 am – 12:00 pm

October 20, 2026 10:00 am – 12:00 pm

Click to join:

<https://illinois.webex.com/illinois/j.php?MTID=m2b20607f3cf52bd71c6aca5c922ca5cc>

Training:

Peer Counselor Training (Zoom)

Three-day virtual training for new Peer Counselors.

April 7-9, 2026 9 am – 3 pm

Register: [Training Courses | Springfield Urban League](https://TrainingCourses.SpringfieldUrbanLeague.org)

Peer Counselor Program Supervisor Training (Zoom)

Two half-day training sessions for new PC Supervisors

Spring date TBD 8 am – 12:15 pm

Register: <https://pcsx26.ezregister.com>

DBE Mentorship Calls (NEW!)

Designated Breastfeeding Experts only! (must have completed L4 USDA Curriculum & have a CLS, CLC, or IBCLC certification).

These calls are optional to facilitate sharing between DBEs, problem-solving case studies, and to share updated information.

These meetings will be held twice a year on the 4th Tuesday of the month.

February 24, 2026 1:00 pm – 2:00 pm

August 25, 2026 1:00 pm - 2:00 pm

Click to join:

<https://illinois.webex.com/illinois/j.php?MTID=m0e8de15ef1e1230d880fcb4272e0e78be>

