

12.2.2025



Illinois Breastfeeding Events & Activities

<https://www.springfieldul.org/chtcr/resources/illinois-state-breastfeeding-task-force>

For additional information, contact: Audrie.mumphery@illinois.gov

DHS Breastfeeding Webcasts:

Breastfeeding webcasts are intended to help WIC agency staff meet competency requirements. All staff are encouraged to attend.

***NEW Trainings:**

****Way Beyond the ABC's: Preventing Sleep-Related Infant Death*** *available as a webcast!

****Promoting Positive Pregnancy Outcomes for Families and Babies*** *available as a webcast!

Register at: <https://www.springfieldul.org/chtcr/distance-learning>

"From Connection to Collective Action: Creative Community Engagement" *available as a webcast!

Register at: [From Connection to Collective Action: Creative Community Engagement](#) | Springfield Urban League

****Webcasts are available for CEUs for up to 2 years after the original air date. For a list of current webcasts and to register:***

Breastfeeding Curriculum Training L2-4

USDA designed training to build competencies among all levels of WIC staff in breastfeeding promotion and support strategies

<https://lactationeducation.com/illinois>

Parent Resources:

for breast/chest-feeding parents, partners, families, hospitals, worksites, early care, and education providers, lactation, and family support

HUG your Baby Digital Parent Resources

<https://www.hugyourbaby.org/illinois-wic-digital-parent-resources>

IL Public Health Institute

<http://iphionline.org/breastfeeding/>

WIC Health:

*WIC Online Nutrition Education - wichealth.org

Educational Webinar Series

Great Lakes Breastfeeding Webinar Series (Monthly)

FREE equity-focused education/ RN, RD, Lactation CERPs provided; new webinars launch on the 3rd Tuesday of every month; watch "on-demand" webinars on your own time for continuing education for up to 1 year after the initial air date.

<https://www.mibreastfeeding.org/webinars/>

CDC-USBC Coalition Webinars

Best practices, news, and networking on issues of national significance. For dates and other information: <https://www.usbreastfeeding.org/learning-opportunities.html>

Calls and Meetings:

Peer Counselor Supervisor Conference Calls (Illinois WIC Peer Counselor Programs only)

Thursday, May 21, 2026

1-2 pm

Peer Counselor Conference Calls

(Illinois WIC Peer Counselor Programs only)

December 18, 2025

1-2 pm

March 19, 2026

1-2 pm

State Breastfeeding Task Force Meetings

via Webex, contact: Courtney.Adams2@illinois.gov

meeting time:

10:00 am – 12:00 pm

January 20, 2026

April 21, 2026

July 21, 2026

October 20, 2026

Training:

Peer Counselor Training (Zoom)

Three-day virtual training for **new** Peer Counselors.

Spring 2026 date TBD

9 am – 3 pm

Register: <https://pcxxx.ezregister.com>

Peer Counselor Program Supervisor Training (Zoom)

Two half-day training sessions for new PC Supervisors

Spring date TBD

8 am – 12:15 pm

Register: <https://pcsxxx26.ezregister.com>

(registration starts August 4th!)

DBE Mentorship Calls (NEW!)

Designated Breastfeeding Experts only! (must have completed L4 USDA Curriculum & have a CLS, CLC, or IBCLC certification).

These calls are optional to facilitate sharing between DBEs, problem-solving case studies, and to share updated information.

These meetings will be held twice a year on the 4th Tuesday of the month.

Meeting time:

1:00 pm – 2:00 pm

February 24, 2026

August 25, 2026

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Certified Breastfeeding Peer Counselor/Peer Educator Training, Chicago area only!

The course is for basic to intermediate breastfeeding education and support training. This training meets the competency requirements of frontline and clerical staff. Registration is required. Contact enold@cedaorg.net for more information.

Class Time: 9:00 am – 4:00 pm (in person, Countryside)

*This is a two-week class (2 days/week)(Tues. & Thurs.)

March 3,5,10,12, 2026

<https://bpedu2026.ezregister.com>

Certified Breastfeeding Support Counselor Training, Chicago area only!

This course is for basic to intermediate breastfeeding education and support training. It is open to health professional program staff who possess at least a four-year college degree. This training meets the competency requirement of CPA's.

Class Time: 9:00 am – 4:00 pm (in person, Countryside)

*This is a two-week class (2 days/week)(Tues. & Thurs.)

May 5,7,12,14 2026

Certified Lactation Specialist Course (CLS)

Week-long training in lactation (Zoom, real-time) 45 L-CERPS, 1 E-CERP, 45 RN; Lactation management skills are taught through the practical application of scientific principles. (IL WIC CPA/eligible, PC staff only)

IL WIC only!

(2026 dates and times TBD)

Certification Cram Review Course (Zoom)

For Mentorship program applicants!

Covering the entire IBLCE exam grid, the newest Information, and the latest research in lactation.

15.5 L-CERPS, 1 E-CERP, 16 RN

(2026 dates and time TBD)

For all others: <https://lactationeducation.com/cram-review-course>

WIC Designated Breastfeeding Expert (DBE):

2-day live virtual training via Zoom. The training covers the DBE role, including working with Peer Counselors, taking a history, problem-solving lactation issues, using supplementation devices, establishing your role in the clinic, ethics, and becoming an International Board Certified Lactation Consultant (IBCLC). Feel more confident with lactation problems and how and when to refer. (12 CERPs, 12 RN; (IL WIC DBE/WIC IBCLC only)

(2026 dates and times TBD)

Peer Counselor Enrichments!

- **Tazwell County Health Department**

- Details and date TBD!!

Regional Task Force Events:

Northern Illinois Breastfeeding Task Force Presents:

“Human Milk it Does all Bodies Good!”

Speaker: Miena Meek Hall, MD, IBCLC

February 27, 2026 8:30 am – 2:30 pm

Schwartz Auditorium, UW Health

1350 Charles Street

Rockford, IL 61104

www.nibftf.com

See the CHTC website for the Task Force near you!

At: [Regional Task Forces](#) | [Springfield Urban League](#)