

12.16.2025



## Illinois Breastfeeding Events & Activities

[WIC Breastfeeding Resources](#) | [Springfield Urban League](#)

For additional information, contact: [Audrie.mumphery@illinois.gov](mailto:Audrie.mumphery@illinois.gov)

### DHS Breastfeeding Webcasts:

Breastfeeding webcasts are intended to help WIC agency staff meet competency requirements. All staff are encouraged to attend.

#### **\*NEW Trainings:**

***\*Way Beyond the ABC's: Preventing Sleep-Related Infant Death*** \*available as a webcast!

***\*Promoting Positive Pregnancy Outcomes for Families and Babies*** \*available as a webcast!

Register at: <https://www.springfieldul.org/chtcdistance-learning>

***"From Connection to Collective Action: Creative Community Engagement"*** \*available as a webcast!

Register at: [From Connection to Collective Action: Creative Community Engagement](#) | Springfield Urban League

***\*Webcasts are available for CEUs for up to 2 years after the original air date. For a list of current webcasts and to register:***

### Breastfeeding Curriculum Training L2-4

USDA designed training to build competencies among all levels of WIC staff in breastfeeding promotion and support strategies

<https://lactationeducation.com/illinois>

### Parent Resources:

for breast/chest-feeding parents, partners, families, hospitals, worksites, early care, and education providers, lactation, and family support

### HUG your Baby Digital Parent Resources

<https://www.hugyourbaby.org/illinois-wic-digital-parent-resources>

### IL Public Health Institute

<http://iphionline.org/breastfeeding/>

### WIC Health:

\*WIC Online Nutrition Education - [wichealth.org](http://wichealth.org)

### Educational Webinar Series

#### **Great Lakes Breastfeeding Webinar Series (Monthly)**

FREE equity-focused education/ RN, RD, Lactation CERPs provided; new webinars launch on the 3rd Tuesday of every month; watch "on-demand" webinars on your own time for continuing education for up to 1 year after the initial air date.

<https://www.mibreastfeeding.org/webinars/>

### CDC-USBC Coalition Webinars

Best practices, news, and networking on issues of national significance. For dates and other information:

<https://www.usbreastfeeding.org/learning-opportunities.html>

### Calls and Meetings:

#### Peer Counselor Supervisor Conference Calls

(Illinois WIC Peer Counselor Programs only)

Thursday, May 21, 2026 1-2 pm

#### Peer Counselor Conference Calls

(Illinois WIC Peer Counselor Programs only)

March 19, 2026 1-2 pm

June 18, 2026 1-2 pm

#### State Breastfeeding Task Force Meetings

via Webex, contact: [Courtney.Adams2@illinois.gov](mailto:Courtney.Adams2@illinois.gov)

January 20, 2026 10:00 am – 12:00 pm

April 21, 2026 10:00 am – 12:00 pm

July 21, 2026 10:00 am – 12:00 pm

October 20, 2026 10:00 am – 12:00 pm

Click to join:

<https://illinois.webex.com/illinois/j.php?MTID=m2b20607f3cf52bd71c6aca5c922ca5cc>

### Training:

#### Peer Counselor Training (Zoom)

Three-day virtual training for new Peer Counselors.

Spring 2026 date TBD 9 am – 3 pm

Register: <https://pcxxx.ezregister.com>

#### Peer Counselor Program Supervisor Training (Zoom)

Two half-day training sessions for new PC Supervisors

Spring date TBD 8 am – 12:15 pm

Register: <https://pcsxxx26.ezregister.com>  
(registration starts August 4<sup>th</sup>!)

### DBE Mentorship Calls (NEW!)

Designated Breastfeeding Experts only! (must have completed L4 USDA Curriculum & have a CLS, CLC, or IBCLC certification).

These calls are optional to facilitate sharing between DBEs, problem-solving case studies, and to share updated information.

These meetings will be held twice a year on the 4<sup>th</sup> Tuesday of the month.

February 24, 2026 1:00 pm – 2:00 pm

August 25, 2026 1:00 pm - 2:00 pm

Click to join:

<https://illinois.webex.com/illinois/j.php?MTID=m0e8de15fe1230d880fcb4272e0e78be>

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**Certified Breastfeeding Peer Counselor/Peer Educator Training, Chicago area only!**

The course is for basic to intermediate breastfeeding education and support training. This training meets the competency requirements of frontline and clerical staff. Registration is required. Contact [enold@cedaorg.net](mailto:enold@cedaorg.net) for more information.

Class Time: 9:00 am – 4:00 pm (in person, Countryside)

\*This is a two-week class (2 days/week)( Tues. & Thurs.)

March 3,5,10,12, 2026

<https://bpedu2026.ezregister.com>

**Certified Breastfeeding Support Counselor Training, Chicago area only!**

This course is for basic to intermediate breastfeeding education and support training. It is open to health professional program staff who possess at least a four-year college degree. This training meets the competency requirement of CPA's.

Class Time: 9:00 am – 4:00 pm (in person, Countryside)

\*This is a two-week class (2 days/week)( Tues. & Thurs.)

May 5,7,12,14 2026

**Certified Lactation Specialist Course (CLS)**

Week-long training in lactation (CT Zoom, real-time) 45 L-CERPS, 1 E-CERP, 45 RN; Lactation management skills are taught through the practical application of scientific principles. (IL WIC Only!)

February 23-27, 2026 8 am-5:30 pm

April 15-17, 20-21, 2026 7 am-4:30 pm

May 6-8, 11-12, 2026 8 AM-5:30 pm

Register at: [Training Courses | Springfield Urban League](#)

**Certification Cram Review Course (Zoom)**

**For Mentorship program applicants!**

Covering the entire IBLCE exam grid, the newest Information, and the latest research in lactation. 15.5 L-CERPS, 1 E-CERP, 16 RN

March 12-13, 2026 8 am-5:30 pm

IL WIC Register at: [Training Courses | Springfield Urban League](#)

For all others: <https://lactationeducation.com/cram-review-course>

**WIC Designated Breastfeeding Expert (DBE):**

2-day live virtual training via Zoom. The training covers the DBE role, including working with Peer Counselors, taking a history, problem-solving lactation issues, using supplementation devices, establishing your role in the clinic, ethics, and becoming an International Board Certified Lactation Consultant (IBCLC). Feel more confident with lactation problems and how and when to refer. (12 CERPs, 12 RN; (IL WIC DBE/WIC IBCLC only)

May 28-29, 2026

8 am-4 pm

Register at: [Training Courses | Springfield Urban League](#)

**Peer Counselor Enrichments!**

- **Tazwell County Health Department**
  - Details and date TBD!!

**Regional Task Force Events:**

**Northern Illinois Breastfeeding Task Force Presents:**

***"Human Milk it Does all Bodies Good!"***

Speaker: Miena Meek Hall, MD, IBCLC

February 27, 2026 8:30 am – 2:30 pm

Schwartz Auditorium, UW Health

1350 Charles Street

Rockford, IL 61104

[www.nibftf.com](http://www.nibftf.com)

**See the CHTC website for the Task Force near you!**

At: [Regional Task Forces | Springfield Urban League](#)