

STANDARD INFANT FOOD PACKAGES

STAFF DESKTOP REFERENCE



Age	Food	Fully Breastfed	Partial Breastfed (Mostly)	Full Formula/Partial Breastfed (Some)
0-3 months	Human Milk and/or Formula	No Formula	1 to 4 Cans Powder Formula	5 to 9 Cans Powder Formula
4-5 months	Human Milk and/or Formula	No Formula	1 to 5 Cans Powder Formula	6 to 10 Cans Powder Formula
6-11 months	Human Milk and/or Formula Infant Meats Infant Cereal	16, 2.5 oz Infant Meats 16 oz Infant Cereal	1 to 4 Cans Powder Formula 8 oz Infant Cereal	5 to 7 Cans Powder Formula 8 oz Infant Cereal
Starting at 6 months and after assessment, jarred infant F/V can be substituted for a CVB to purchase fresh, frozen or canned F/V at the following amounts:	Infant Fruits and Vegetable Jars or CVB	32 containers of infant fruit/vegetables, 4 oz each (total 128 oz) or 16 containers of infant fruit/vegetables, 4 oz each (total 64 oz) AND \$11 CVB or No Jars AND \$22 CVB		

Resources: NPS Breastfeeding, IL WIC Policy & Food Package Tables for further guidance