

# Changes to WIC Infant Foods

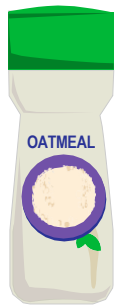
Desktop Reference

Effective October 2025



The USDA made changes to infant foods-reducing the amount of infant cereal and infant meats and allowing the option of an increased amount of Cash Value Benefit (CVB) starting at 6 months.

## Formula Fed Infants



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**Infant Cereal**  
8 ounces

**Infant Fruits and Vegetables**  
128 ounces or 32 jars  
(4 oz/jar)

## Fully Breastfed Infants



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**Infant Cereal**  
16 ounces

**Infant Fruits and Vegetables**  
128 ounces or  
32 jars (4 oz/jar)

**Infant Meats**  
40 ounces  
or 16 jars  
(2.5 oz/jar)

AGE	FULLY BREASTFED	PARTIAL BREASTFED (Mostly)	FULL FORMULA OR PARTIAL BREASTFED (SOME)
0-3 Months	WIC Provides Breastfeeding Support	1 to 4 Cans Formula	5 to 9 Cans Formula
4-5 Months		1 to 5 Cans Formula	6 to 10 Cans Formula
6-11 Months	16 Jars Infant Meat 16 oz Infant Cereal 32 Jars Infant Foods	1 to 4 Cans Formula 8 oz Infant Cereal 32 jars Infant Foods	5 to 7 Cans Formula 8 oz Infant Cereal 32 jars Infant Foods

Families with infants over 6 months can trade half or all the jarred infant fruits and vegetables for a Cash Value Benefit. The CVB can be used to purchase fresh, frozen, or canned fruits and vegetables.

## Trade half or trade all

16 Jars



\$11



0 Jars

\$22



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