Illinois Breastfeeding Events & Activities

https://www.springfieldul.org/chtc/resources/illinois-state-breastfeeding-task-force For additional information contact: Audrie.mumphery@illinois.gov

DHS Breastfeeding Webcasts

Breastfeeding webcasts are intended to help WIC agency staff meet competency requirements. All staff are encouraged to attend.

Webcasts are available for CEU for up to 2 years after the original air date. For a list of current webcasts and to register:

https://www.springfieldul.org/chtc/distance-learning

Peer Counselor Conference Calls

(Illinois WIC Peer Counselor Programs only)

June 26, 2025 1-2 pm (in lieu of Juneteenth holiday) September 18, 2025 1-2 pm

December 18, 2025 1-2 pm



Breastfeeding Curriculum Training L2-4

USDA designed training to build competencies among all levels of WIC staff in breastfeeding promotion and support strategies

https://lactationeducation.com/illinois

HUG your Baby Digital Parent Resources

https://www.hugyourbaby.org/illinois-wic-digital-parent-resources

Resources:

Resources for breast/chest-feeding parents, partner, family, hospital, worksite, early care, and education providers, lactation, and family support

http://iphionline.org/breastfeeding/

Educational Webinar Series

Great Lakes Breastfeeding Webinar Series (Monthly) FREE equity-focused education/ RN, RD, Lactation CERPs provided; new webinars launch third Tuesday of every month; watch "on-demand" webinars on your own time for continuing education for up to 1 year after the initial air date.

https://www.mibreastfeeding.org/webinars/

CDC-USBC Coalition Webinars

Best practices, news, and networking on issues of national significance. For dates and other information: https://www.usbreastfeeding.org/learning-opportunities.html

State Breastfeeding Task Force Meetings

via Webex, contact: Courtney.Adams2@illinois.gov

April 15th
July 15th
October 21st

10 am-Noon

Peer Counselor Training (Zoom)

Three-day virtual training for **new** Peer Counselors.

Fall (2025) date TBD 9 am - 3 pm

Register: https://pcmar2025.ezregister.com

Peer Counselor Program Supervisor Training (Zoom)

Two half-day training sessions for new PC Supervisors

June 18th & 20th 8 am – 12:15 pm

Register: https://pcspvrjune25.ezregister.com

<u>Certified Breastfeeding Peer Counselor/Peer</u> <u>Educator Training</u> Chicago area only

The course is for basic to intermediate breastfeeding education and support training. This training meets the competency requirements of frontline and clerical staff. Registration is required. Contact enold@cedaorg.net for more information.

May 6, 8, 13,15 (2025) (in person, Countryside)

Registration: https://bpedu2025.ezregister.com

Peer Counselor Supervisor Conference Calls

(Illinois WIC Peer Counselor Programs only)

May 22, (2025) 1-2 pm November 13, (2025) 1-2 pm

Regional Task Force Events

State/Regional Task Force Information: https://www.springfieldul.org/chtc/resources/illinois-state-breastfeeding-task-force

<u>Chicago Region Breastfeeding Taskforce is hosting A Connect to Care event!</u>

Friday May 16, 2025 9:00 am – 11:00 am
A collective of health care providers and supporters serving pregnant, birthing, and lactating families.
Zoom Event! *flyer is and additional information is available on CHTC website

Black Maternal Health Week 2025 Events:

Importance of Prenatal & Postpartum Visits

April 15, 6:30 p.m. – 7 p.m., virtual focusing on why routine doctor visits are important to detect problems early & prevent complications before and after pregnancy.

Maternal Mental Health

April 16, 6:30 p.m. – 7 p.m., virtual A conversation about common emotional and mental health challenges pregnant people go through during the birthing experience.

Empowered Pregnancy

April 17, 6:30 p.m. – 7 p.m., virtual Learn how to confidently advocate for yourself or support a loved one during the pregnancy journey. This session will provide tools to help you effectively communicate with health care providers and ensure your voice is heard.

Certified Lactation Specialist Course (CLS)

Week-long training in lactation (Zoom, real-time) 45 L-CERPS, 1 E-CERP, 45 RN; Lactation management skills are taught through the practical application of scientific principles. (IL WIC CPA/eligible, PC staff only)

May 14-16, 19-20 8 am - 5:30 pm ET 7 am - 4:30 pm CT

WIC Staff only: https://clsmay25.ezregister.com

Certification Cram Review Course (Zoom)

Covering the entire IBLCE exam grid, the newest information, and the latest research in lactation. 15.5 L CERPS, 1 E CERP, 16 RN

August 11-12, 2025 (for Sept. exam) 7-4:30 CT

WIC staff: https://cramaug2025.ezregister.com

For all others: https://lactationeducation.com/cram-review-course

Peer Counselor Enrichments for 2025!

- Clay & Effingham County (May 2025)
 - Friday May 2, 2025
 - o In-Person & Virtual!!
 - Live at KC Hall Lounge & Patio 1501
 W. Fayette Ave. Effingham, IL
 Lunch is provided for in-person

REGISTER BEFORE 4/23/25



*If the QR does not work the flyer will be sent out soon!

WIC Designated Breastfeeding Expert (DBE):

2 day - live virtual training via Zoom. The training covers the DBE role of working with the peer, history taking, problem-solving lactation issues, using supplementation devices, establishing your role in the clinic, ethics, and becoming an IBCLC. Feel more confident with lactation problems and how and when to refer. (12 CERPs, 12 RN; (IL WIC DBE/WIC IBCLC only)

June 23-24 (2025) 8 am – 4 pm CST

https://dbejune25.ezregister.com

July 31- Aug 1 (2025) 8 am - 4 pm CST

Registration is not yet available!