

Infant Nutrition & Feeding Guide

Chapter 3 & 4 Resources

Download the IFG:

<https://wicworks.fns.usda.gov/resources/infant-nutrition-and-feeding-guide>

Surgeon General's Call to Action to Support Breastfeeding:

<https://www.cdc.gov/breastfeeding/resources/calltoaction.htm>

State Laws that Protect Breastfeeding Mothers:

<https://www.ncsl.org/research/health/breastfeeding-state-laws.aspx>

WIC Breastfeeding Support - Learn Together. Grow Together:

<https://wicbreastfeeding.fns.usda.gov/>

Screening for Depression in WIC Women:

<https://wicworks.fns.usda.gov/resources/wic-guidance-screening-and-referring-women-or-risk-depression>

Related DHS Materials:

- Breastfeeding: Best for Baby
- Sleepy Baby
- Breastfeeding is a Special Time
- Got Enough Milk
- Thrush
- How Much Milk Can my New Baby Eat?
- Paced Feeding
- Infant Formula Preparation