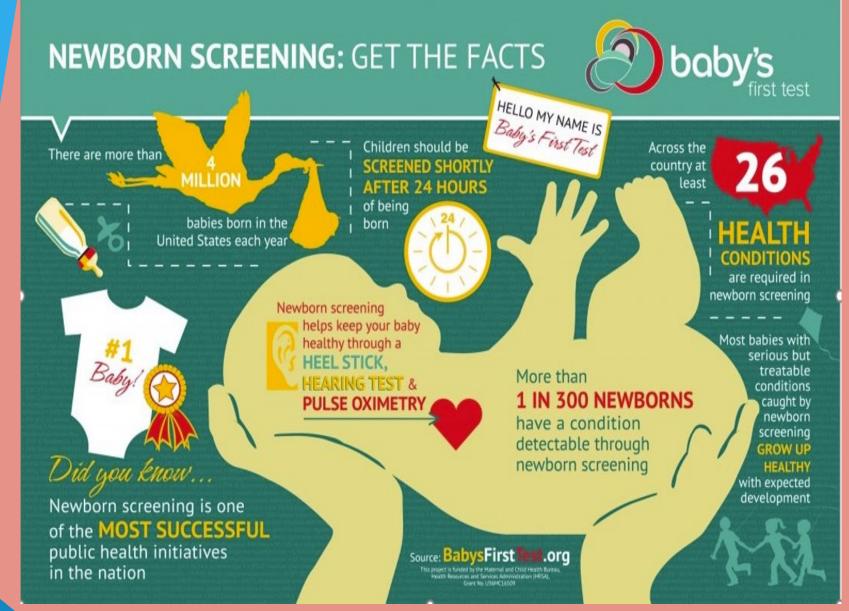
# Family Case Management & High Risk Infant Follow-Up

## **ASSESSMENT**



https://dph.illinois.gov/topics-services/life-stages-populations/newborn-screening.html

701- Service
Barriers
Assessment

712-Infant Risk Assessment

Providers
Transportation
Childcare
Difficulty Communicating
Fear
Ability to Pay

Comment may be required
Gestational age/weight at birth
EPDST/Health concerns/NICU
Feeding concerns
Violence/legal Concerns
Home Environment
Getting enough to eat/WIC

#### Infant 0-2 Months

#### **Milestones:**

- Calms down when spoken to or picked up
- Seems happy when you walk with her/him
- Makes sounds other than crying
- Reacts to loud sounds
- Moves both arms and legs
- ☐ Holds head up when on tummy

Important Milestones: Your Baby By Two Months | CDC

#### \*Anticipatory Guidance (Cornerstone)

• 708A or B



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#### Infant 4 months



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#### **Milestones:**

- Makes sound (cooing)
- Turns head toward sound of your voice
- ☐ If hungry, will open mouth to breast or bottle
- Holds head steady with out support when holding them
- Brings hand to mouth
- ☐ Holds toy when put in hand

Important Milestones: Your Baby By Four Months | CDC

#### \*Anticipatory Guidance (Cornerstone)

• 708C

#### Infant 6 months

#### **Milestones:**

- Knows familiar people
- Looks at self in mirror
- ☐ Blows "raspberries"
- Makes squealing noise
- Reaches for a toy
- Puts things in mouth
- Rolls from tummy to back

<u>Important Milestones: Your Baby By Six Months | CD</u>

- \*Anticipatory Guidance (Cornerstone)
- 708D



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#### Infant 9 months

#### **Milestones:**

- ☐ Is shy or fearful around strangers
- ☐ Reacts when you leave
- Plays peek-a-boo
- Makes sounds "mamamama" and "bababababa"
- Bangs two things together
- ☐ Sits without support
- Uses fingers to rakes food toward self

<u>Important Milestones: Your Baby By Nine Months | CDC</u>

#### \*Anticipatory Guidance (Cornerstone)

• 708E



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#### Infant 12 months



#### Milestone:

- Plays games pat-a-cake
- ☐ Waves "bye-bye"
- Says "mama and dada"
- Puts something in a container
- Pulls up to stand
- Drinks from a cup without a lid as you hold it
- Picks up things between thumb and pointer finger

Important Milestones: Your Baby By One Year | CD0

- \* Anticipatory Guidance (Cornerstone)
- 708F

## SERVICES/REFFERAL

#### **EPSDT**

#### (Early Periodic Screening, Diagnosis, and Treatment)

Early: Performing exams ASAP to prevent possible diseases or disabilities by

**Periodic Screening:** at regular intervals, using standardized exams at crucial points in child's life for Medical, Vision, Hearing, Dental

**Diagnosis:** thereby finding the reason for a sign, symptom, or abnormal screening and then provide the

**Treatment**: "to control, correct, or lessen health problems".

A Guide for States: Coverage in the Medicaid Benefit for Children and Adolescents

## Establish Medical Home

- PCP (Primary Care Physician) has all health Information
- Better continuity of care
- Child becomes familiar and develops trust

## Periodicity Schedule as recommended by Bright Futures/the AAP

**Birth-1 year:** 

**Newborn**(within 24Hrs of birth)

3-5 days of life or 48-72hrs after d/c

1 months

2 months

4 months

6 months

**9** months

12 months

**1-3 years: 15** months

18 months

24 months/30 months

3-6 years: Annually

**6-21 years:** Every other Year unless

medically necessary

\* If DCFS case needs to see Dr. annually

## Ages and Stages

ASQ: accurate, reliable developmental and social-emotional screening.

Ages & Stages Questionnaires® (ASQ®) provides reliable, accurate developmental and social-emotional screening for children between birth and age 6. Drawing on parents' expert knowledge, ASQ has been specifically designed to pinpoint developmental progress and catch delays in young children—paving the way for meaningful next steps in learning, intervention, or monitoring.

About ASQ - Ages and Stages

## **E**arly **I**ntervention

#### What Are Early Intervention (EI) Services?

Early intervention services are designed to meet your child's needs in these areas of development:



- Physical (how your baby moves and explores)
- · Cognitive (how your baby learns)
- Communication (how your baby lets you know what he needs)
- Social and emotional (how your baby engages with you and shows feelings)
- · Adaptive (how your baby uses new skills)

#### EI services may include:

- · Assistive technology
- · Audiology/aural rehabilitation
- Developmental therapy/special instruction
- · Family training and support
- Health consultation
- Medical services (only for diagnostic or evaluation purposes)
- Nursing
- Nutrition
- · Occupational therapy
- Physical therapy
- · Psychological/counseling services
- Service coordination
- Sign language or cued language
- Social work
- Speech language pathology
- Transportation
- Vision
- Translation/interpretation to other languages

The delivery of these services should meet your child's and family's preferences, learning styles, and cultural beliefs.

IDHS: Early Intervention Information (state.il.us)

## **EDUCATION**



## Baby's Benefits of Breastfeeding:

- Necessary, early bonding between mom and baby
  - Skin to Skin contact with mother within 30 minutes of Birth
- Absolute, best possible nutrition
- Protection with mom's antibodies/immune factors against variety of diseases and infections
- Possible protection from family allergies
- Less likely to have acute leukemia, lymphoma, and Sudden Infant Death Syndrome (SIDS) or Sudden Unexpected Infant Death (SUID)

## **Human Milk Storage Guidelines**

#### STORAGE LOCATIONS AND TEMPERATURES

TYPE OF BREAST MILK	Countertop 77°F (25°C) or colder (room temperature)	Refrigerator 40 °F (4°C)	Freezer 0°F (-18°C) or colder
Freshly Expressed or Pumped	Up to 4 Hours	Up to 4 Days	Within <b>6 months</b> is best Up to <b>12 months</b> is acceptable
Thawed, Previously Frozen	1–2 Hours	Up to 1 Day (24 hours)	NEVER refreeze human milk after it has been thawed
Leftover from a Feeding (baby did not finish the bottle)	Use within 2 hours after the baby is finished feeding		

These guidelines are for healthy full-term babies and may vary for premature or sick babies. Check with your health care provider.

Find more breastfeeding resources at: WICBreastfeeding.fns.usda.gov www.cdc.gov/breastfeeding/







Centers for Disease Control and Prevention. (2020). Proper Storage and Preparation of Breast Milk.

Centers for Disease Control and Prevention.

https://www.cdc.gov/breastfeeding/recommendations/handling\_breastmilk.htm

## **BONDING WITH BABY**

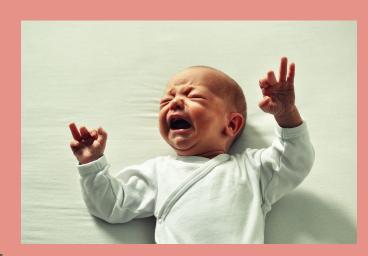


- Skin-to-Skin contact and breastfeeding
- Baby Blues
- Post Partum Depression
- Lack of support
- Touch, talk, care

https://dph.illinois.gov/topics-services/life-stages-populations/newborn-screening.html

#### Crying is Baby's Communication:

- \* I'm hungry
- \* I'm thirsty
- \* I have a wet/dirty diaper
- \* I need a bathing
- \* I'm too hot/too cold
- \* I'm hurting/uncomfortable
- \* I'm tired/over stimulated



## **PURPLE Crying**



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#### **Occurs**:

Peak: more at 2 months, less 3-5 months

**Unexpected:** can come and go

Resists soothing: will cry no matter what is tried

Pain-like face: even if not in pain

Long lasting: can be up to 5 hours/day

**Evening:** seems to be more in PM

## **Stress Management**

Check baby for all issues from two previous slides



- If no noticeable problems, try to lay baby down
- If caregiver gets to upset, take a time-out
- Crying is leading cause for Shaken Baby Syndrome

#### Shaken Baby Syndrome /Abusive Head Trauma

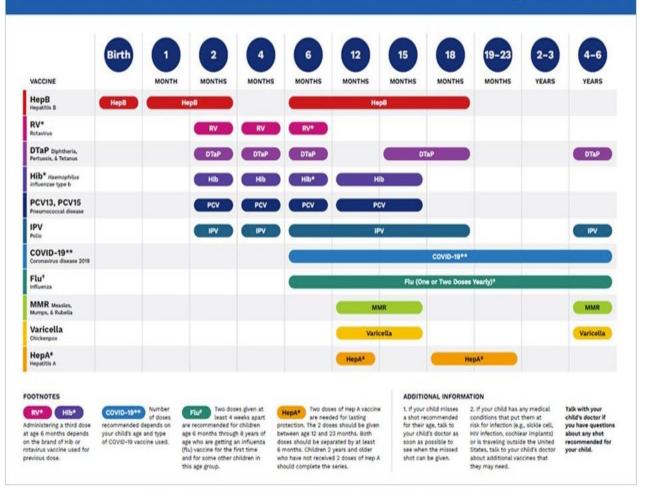
- Excessive crying is leading cause
- Non-parent Caregiver
- Lack of Support/Stress ManagementSigns :
  - \*Lethargic, less mobile, lack of muscle control, failure to thrive, muscle asymmetry





#### **IMED**

#### 2023 Recommended Immunizations for Children from Birth Through 6 Years Old



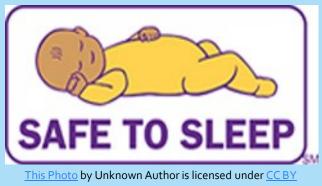
Vaccine Schedule, (2019), https://www.cdc.gov/vaccines/parents/schedules/index.html

## Fact:

The Leading cause of Death in Children=Injury

## Safety Issues to Address:

- Crib/Sleeping/SIDS/SUID
- Car Seat Safety
- Tobacco Exposure
- Shaken Baby Syndrome/Abusive Head Trauma
- Storage of Cleaners/Chemicals/Poison Center of Illinois
- Gun Safety
- Lead Exposure/Screening
- Recognizing Abuse



#### **Additional SUID Recommendations**

Put to bed on back with pacifier

**Breastfeed** 

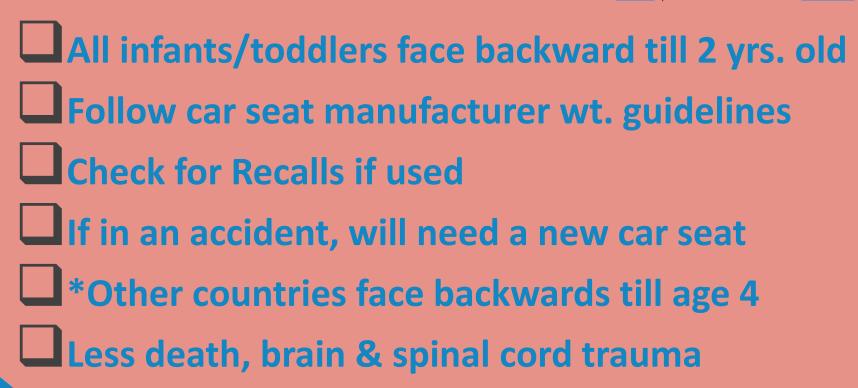
No Bed-sharing/soft surfaces

No bottles or sippy cups

## **Car Seat Safety**



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## **Tobacco Exposure**



- Increased risk for SUID
- More ear and respiratory infections
- Secondhand and Thirdhand Smoke
- Smoking in house vs. smoking outside
- Either causes cellular lung changes

## **Storage Safety**



- **✓** Medications
- **✓** Dishwashing, laundry soaps/pods
  - **✓** Household cleaners
    - **✓ Items in purses**
    - **✓** Items in garage





## **Lead Exposure**



- Old paint (houses before 1978)
- Dump sites of old paint and leaded gasoline= soil with high concentrations
  - Mini-Blinds manuf. Outside of U.S.





## **Gun Safety**



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1

Keep Weapon Unloaded 2

Separate
Weapon and
Ammunition

3

Store each in Locked Cabinets



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## **Abuse**



- Know your agency's policy and procedure!
- You are a Mandated Reporter for Abuse and Neglect
- Know typical signs of all kinds of abuse
- 1-800-252-2873 for immediate danger or online dcfsonlinereporting.dcfs.lllinois.gov
- https://www.springfieldul.org/chtc/training

# CORNERSTONE SERVICE ENTRIES

## **Cornerstone Assessments (AS01)**

- 701-Other Service Barriers Assessment
- 712-Infant Risk Assessment
- 706-Home Assessment
- 708-Anticpatory Guidance

## **Cornerstone Service Entries (SV01)**

- 806-Well Child Visit
- SSED- Safe Sleep Education
- IMED- Immunization Education
- 824- Developmental Screening

CM04- Case Notes

## Care Plan:

- CM02-Participant Goals (Long term)
- CM03-Planned Services (Short term)

### Referrals (RF01)

### **Based on Clients Needs:**

- 814- 0-3 Early Intervention
- 816- Mental Health Counseling
- **819-WIC**

### **HRIF**

- Minimize disability in higher risk infants by early identification of possible conditions requiring further evaluation, diagnosis, and treatment
- Promote optimal growth and development of infants
- Teach family care of the high-risk infant
- Decrease stress and potential for abuse in the family setting with high-risk infant
- All APORS referred clients must receive their first contact from the agency within seven (7) business days of referral

### What qualifies you for HRIF???

- Adverse Pregnancy Outcome Reporting System (APORS)
- Diagnosed with a serious medical condition after newborn discharge
- Substance Abuse
- Mental Health Disorder
- Child Abuse
- DCFS Youth in Care

### Face to Face Visits (HRIF)

- A minimum of 6 face-to-face visits
- Must occur within fourteen (14) business days of newborn hospital discharge (birth through the end of 1 month)
- Physical assessment must be completed by RN and documented in cornerstone at each visit

### **Home Visiting Requirements**

 At least once during infancy from birth through the end of 4 months

- For complex APORS conditions, three to four home visits may be needed.
- Non-complex APORS condition and the family is mobile, additional home visits will be based upon the professional judgement of the nurse case manager

### **Cornerstone HRIF**

- PA11- Weight (APORS box is always checked Y)
- PA15- Must always be enrolled in FCM before HRIF
- 708- Anticipatory guidance (A-I)
- 708-Pediatric primary care assessment Q27-52

Within 45 calendar days:

700 (Questions 43-51 general assessment)

701 (Other barriers assessment)

### Cornerstone HRIF cont.

- Birth through the end of the 4<sup>th</sup> month
  - 706 and SSED
- **IMED** x 6
- Developmental Screenings (824) x 4
- CM02/CM03
- RF01 (Must be referred to WIC within 45 calendar days)

# LUNCH



### Resources

https://dph.illinois.gov/topics-services/life-stages-populations/newborn-screening.html

CDC's Developmental Milestones | CDC

https://www.medicaid.gov/sites/default/files/2019-12/epsdt\_coverage\_guide.pdf

**Bright Futures (aap.org)** 

https://www.dhs.state.il.us

Breastfeeding Is a Priority in the WIC Program | Food and Nutrition Service (usda.gov)

https://dph.illinois.gov/topics-services/life-stages-populations/newborn-screening.html

Vaccine Schedules for Parents | CDC

IDHS: Illinois Safe Sleep Support - 4900, 4902, 4903 E/S (state.il.us)

**IDHS: Illinois Safe Sleep Support - Point of Service Card - 4901 S (state.il.us)** 

IDHS: Illinois Safe Sleep Support Point of Service Card - IDHS 4901 (state.il.us)

dcfsonlinereporting.dcfs.Illinois.gov

Home | ACOG



## QUESTIONS

# Cornerstone Hands on for Postpartum & Infant

Cornerstone application with computer

Success Stories- Let's Share

# Thank you!