

## I-WIC Risk Factor Training – Women

Use this worksheet as you complete with I-WIC Risk factor training for women.

Resources:

- USDA WIC Nutrition Risks
- I-WIC Nutrition Risk Criteria

Found here: <https://www.springfieldul.org/chtcr/resources/illinois-wic-cpa-resources>

**1. Review at least one Prenatal, Breastfeeding, and Non-Breastfeeding risk. Complete the following table for each.**

### Prenatal

USDA Risk Code & Definition:	
Participant categories for which risk applies:	
New / interesting information for risk:	
At least 2 implications for WIC nutrition services:	

### Breastfeeding

USDA Risk Code & Definition:	
Participant categories for which risk applies:	
New / interesting information for risk:	
At least 2 implications for WIC nutrition services:	

Non-Breastfeeding

USDA Risk Code & Definition:	
Participant categories for which risk applies:	
New / interesting information for risk:	
At least 2 implications for WIC nutrition services:	

**2. Using any closed-ended assessment question found in IWIC, how could you ask in a more participant-centered way?**

- Closed-ended question found in IWIC:
  
- Participant-centered question:

**Return completed SSM to your WIC Coordinator for answers and discussion.**