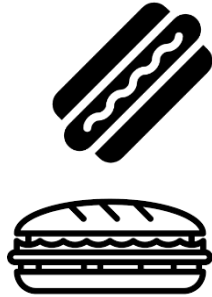


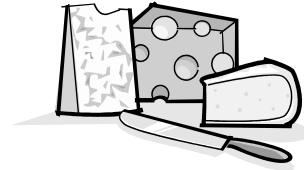
Food Safety

Foods could have harmful bacteria

Cold Hot Dogs, Lunch Meats/Cold cuts, dry Sausages, or other Deli Meats, including cold meat spreads or pâté

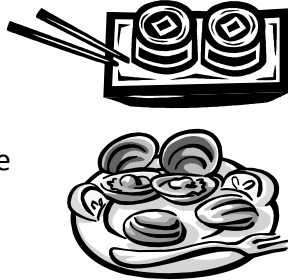


Soft Cheeses such as Feta, Brie, Camembert, Blue-veined, or Mexican-style cheeses.

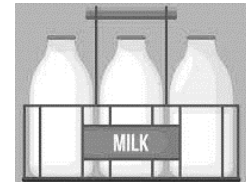


Unless made with pasteurized milk.

Raw Fish or Shellfish, including oysters, clams, mussels, and scallops or Sushi made with raw fish.



Unpasteurized milk or foods containing unpasteurized milk.



Cold "Smoked" Seafood
Examples include: cold smoked salmon, trout, whitefish cod, tuna, or mackerel.



Unpasteurized fruit or vegetable juice such as fresh apple cider.



Raw Sprouts
Alfalfa, clover, or radish



Infants Only:
Honey



Raw or Undercooked
Meat, Fish, Poultry, Eggs
Including foods with raw eggs such as cookie dough, cake batter, and some salad dressings



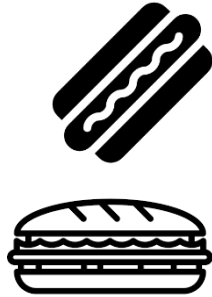
Donor Breastmilk
acquired directly from individuals or Internet.



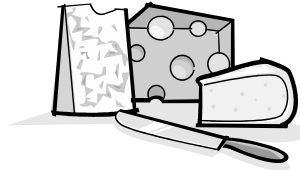
Seguridad Alimentaria

Alimentos que podrían tener bacterias dañinas

Perritos calientes **fríos**, carnes para el almuerzo/cortes **fríos**, salchichas secas u otras carnes **frías**, incluso carne **fría** para untar o paté.

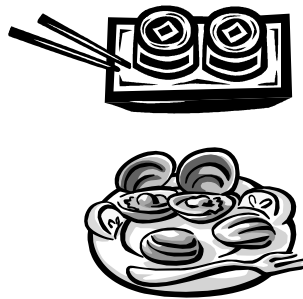


Queso blando como Feta, Brie, Camembert, de vena azul o quesos al estilo mexicano.

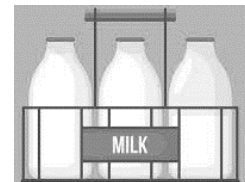


A menos que esté hecho con leche pasteurizada.

Pescado o marisco crudo, incluso ostras, almejas, mejillones y vieiras o sushi hecho con pescado crudo.



Leche no pasteurizada o alimentos que contienen leche no pasteurizada.



Pescados fríos "ahumados"

Los ejemplos incluyen: salmón ahumado frío, trucha, bacalao de pescado blanco, atún o caballa.



Jugo de frutas o vegetales **sin pasteurizar**, como la sidra de manzana fresca.



Brotos crudos

Alfalfa, trébol o rábano

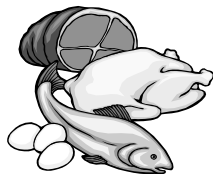


Solo infants:

Miel



Carne **cruda o poco cocida**, Pescado, Aves, Huevos
Incluyendo alimentos con huevos crudos como masa para galletas, masa para pasteles y algunas vinagretas



Leche materna donada adquirida directamente de individuos o de internet

