

Infant Nutrition & Feeding Guide

Chapter 5 & 6 Resources

Download the IFG:

<https://wicworks.fns.usda.gov/resources/infant-nutrition-and-feeding-guide>

Food Allergies: <https://wicworks.fns.usda.gov/resources/food-allergies>

Reducing the Risk of Choking in Young Children at Mealtimes:

<https://wicworks.fns.usda.gov/resources/reducing-risk-choking-young-children-mealtimes>

Oral Health in Infants, Children, and Pregnant Women:

<https://wicworks.fns.usda.gov/resources/oral-health-infants-children-and-pregnant-women>

Vegetarian Diets: <https://wicworks.fns.usda.gov/resources/vegetarian-diets>

Safe to Sleep: <https://wicworks.fns.usda.gov/resources/safe-sleep-campaign>

Related DHS Materials:

- Feeding Your Baby: Birth to 12 Months
- First Foods
- Next Foods
- Time For a Cup
- Look at Me Now: Infants 9 - 12 Months