**Quiz for All Those Breastfeeding Myths:**

**What Can We Do?**

Breastfeeding myths are a barrier to continuation of breastfeeding

 T F

Breastfeeding myths/beliefs have been used by formula manufacturers to market their product

 T F

Breastfeeding myths are a contemporary problem

 T F

Educating parents about the logic of why their beliefs are in incorrect will convince them to choose to breastfeed

 T F

Providing parents with all of the benefits of breastfeeding will convince them to breastfeed

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Focusing on a parent’s goals for their infant will assist them to choose breastfeeding

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The belief that colostrum is not milk is a barrier to breastfeeding unique to the US

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All parents will have sore nipples when they breastfeed

 T F

A supportive grandparent is barrier to breastfeeding choice

 T F