**Quiz for All Those Breastfeeding Myths:**

**What Can We Do?**

Breastfeeding myths are a barrier to continuation of breastfeeding

T F

Breastfeeding myths/beliefs have been used by formula manufacturers to market their product

T F

Breastfeeding myths are a contemporary problem

T F

Educating parents about the logic of why their beliefs are in incorrect will convince them to choose to breastfeed

T F

Providing parents with all of the benefits of breastfeeding will convince them to breastfeed

T F

Focusing on a parent’s goals for their infant will assist them to choose breastfeeding

T F

The belief that colostrum is not milk is a barrier to breastfeeding unique to the US

T F

All parents will have sore nipples when they breastfeed

T F

A supportive grandparent is barrier to breastfeeding choice

T F