

Grandmother,  
My head is buzzing from all the phone calls we are getting. Mom thinks she has to talk to everyone and then when they ask what they can do to help us out she says nothing! I really need to spend more time breastfeeding with Mom. What can you do you do to help us, Grandmother?



Grandmother,  
Mom's breasts have been making milk for 10 days now and boy are they good at it. Mom says her breasts don't feel as full as they did on the 3rd day after I was born. Let me tell you Grandmother, there is plenty of milk for me and then some. Can you help me boost Mom's self-confidence?



Oh my, Grandmother,  
For some reason I just want to nurse all day today. I am doing just fine and getting plenty of milk. Maybe I am growing and just need a little boost today. Mom thinks her milk supply is decreasing. Can you help her Grandmother?



Grandmother,  
Mom is worried that I am not getting enough breastmilk. She wishes she could see and measure what I get at the breast so she would know for sure. She is even thinking about giving me some of that artificial baby milk. Help me, Grandmother!



Okay Grandmother, here's the deal.  
Mom is worried about when to feed me. I wish I could just say, "Hey, I'm hungry, feed me." But you know I can't do that. I am trying to tell mom I am hungry, but no one told her to watch my body language. She is missing my messages. Can you teach my mom, please, Grandmother? Oh, and by the way, Grandmother, could you remind her about keeping me close so she can see my messages, both when we are in the hospital and when we are at home?



Help, Grandmother!  
Mom is thinking about putting me in the nursery at the hospital tonight so she can sleep. Someone has given her the idea this is her last night to get a good rest before we go home. That somebody doesn't know about moms and babies and breastfeeding. They are even trying to convince Mom that it is okay for me to get some of that artificial baby milk if I get hungry at night. Can you please talk to Mom, Grandmother?



Grandmother,  
Mommy and I have been working really hard at breastfeeding, but something is just not right. Mommy says her nipples are sore and that should not be happening! Can you help us out, Grandmother?



Dear Grandmother,  
Even though I haven't been born yet, I want to ask you for some help. You see, as soon as I am born, I want to be held by Mommy. I want to see her face and lie in her arms, close to her heart. And, above all, I am really, really going to want to breastfeed. All that labor is hard work! What can you do to see that nothing comes between me and the breast when I am born?



Let me tell you something, Grandmother!  
Mommy and I need a lot of time together – holding on to each other and breastfeeding. Mom can't hold me enough when all these strange visitors are passing me around. And Mommy is too shy to breastfeed me when they are here. Please help us, Grandmother!



Grandmother,  
Mom is really confused. She thinks I should be eating according to some timed schedule. Please tell my mom I don't know anything about time yet. I only know when I am hungry and when I need to breastfeed. I like to snack a lot because my stomach is really small. Mom does plenty of snacking herself. Can you help my mom understand my eating habits?



Oh boy, Grandmother.  
Things could go bad here. My mom's friend keeps telling Mom that I will sleep longer if she gives me some of that artificial baby milk. You and I both know that isn't the best idea. Can you help save breastfeeding for me Grandmother?



Grandmother,  
You are not going to believe what Aunt Millie told Mommy. She said Mommy should feed me cereal at night so I will sleep longer. You and I both know how great breastmilk is, that I won't need anything but Mommy's milk for a long time. Can you help Mommy to understand? And by the way, could you talk to Aunt Millie, too?



Grandmother,  
What is with these adults! They keep telling Mommy she will spoil me by picking me up and breastfeeding me. I think they are just jealous – what do you think, Grandmother? Don't they know if Mom lets me breastfeed a lot now, she will have plenty of milk for me? Please help her Grandmother!



Grandmother,  
Mommy is really tired, but she won't ask for help. I am afraid she is going to get too tired to sing and play with me and, most importantly, to breastfeed me as much as we need. Please, Grandmother, what can you do to help us out?



Grandmother,  
My mommy is fabulous. She is a champ at breastfeeding. Nobody tells her how great she is except for me. I think she deserves a medal. But, I can't say it to her yet. Could you tell her for me Grandmother, please?



Oh Grandmother,  
Mommy is really feeling overwhelmed. She is worried about cleaning the house and writing thank-you notes for all the nice gifts we got and doing all the laundry. She wants to cook a nice meal, too. It makes me tired just thinking about all of this. And Mommy is forgetting that I need extra love and attention and time breastfeeding. She is just trying to be the best mommy. Please help her out, Grandmother.



Grandmother,  
My friend Ben came over today. Ben's mom feeds him artificial baby milk. Ben had a dirty diaper while he was visiting and my mom saw his stool. It looks really different than mine and now mom thinks I have diarrhea. She is worried about me. Can you talk to her please, Grandmother?



Grandmother,  
The nurse just brought in a diaper bag for Mom to take home with her. She told Mom it was a free gift. Mom was all excited, but guess what is in the bag? Artificial baby milk! What in the world does Mom need that for? I don't think Mom should take this home with us. Can you help us out, Grandmother?



Grandmother,  
Mommy is really feeling lonely. Her friends are all feeding their babies artificial baby milk and Mommy really wants another breastfeeding mom to talk to. I would like to meet some new friends, too. What can you suggest we do, Grandmother?



Grandmother,  
I'm still growing inside Mommy and she is trying to decide how to feed me when I am born. Breastfeeding gets my vote! Mommy knows that breastmilk is healthy for me, but she doesn't know all the good things about breastfeeding for her. Can you tell her, Grandmother? And remind her it is something only she and I can do together. Thanks, Grandmother!



Grandmother,  
Mommy is feeling really sad. She is worried that she might do something to hurt me. She is a fabulous mommy. Can you help her, Grandmother?



Grandmother, you're the best!  
You supported me and Mommy through the first two weeks of breastfeeding and now we are pros. We couldn't have done it without you. You deserve a great big prize!



Hi,  
Yesterday morning I became a new grandmother. Cindy and the baby are doing great. My granddaughter likes to nurse a lot and Cindy is afraid the baby isn't getting enough breastmilk because her milk hasn't come in yet. I told her not to worry because the milk she has now is special and the baby will get plenty until her milk supply increases.



Hi,  
My daughter, Sally, is pregnant and I am so excited. She wants to breastfeed, but I am worried. I don't think she will have enough breastmilk because I didn't when I tried to nurse Sally.



Hi,  
Jack's girlfriend, Franny, wants to breastfeed and all her friends are telling her that breastfeeding really hurts. I have always heard that it is normal for breastfeeding to hurt for the first couple of weeks.



Hi,  
Thanks for calling to ask about my new grandson. He is perfect. But I am worried. Jill seems to be nursing him a lot. I told her she could spoil him if she nurses him too much.



Hi,  
Sherry is breastfeeding my new granddaughter and her mother-in-law is encouraging her to get the baby on a schedule. The doctor told Sherry that breastfed babies should not be breastfed on a schedule.



Hi,  
Guess what? Tom's girlfriend, Patty, is pregnant. This will be my second grandbaby and I am so excited. Patty wants to breastfeed, but Tom doesn't want her to breastfeed. He is afraid that her breasts will sag if she breastfeeds. I told him breastfeeding does not cause a woman's breasts to sag.



Hi,  
I am going to be a grandmother! Sally is pregnant and she is thinking about breastfeeding. She is worried that she won't make good milk because she likes to eat junk food. I told her that women make good milk for their babies even if they don't have good diets.



Hi,  
Lucinda's grandbaby has colic and Lucinda is convinced that it is because the baby's mother likes to eat cabbage and spicy food. I tried to tell Lucinda that's not true. Women are encouraged to eat any foods they like when they are breastfeeding.



Hi,  
Penny is pregnant with our third grandson and she wants to breastfeed. John and Bill are only 2 and 4. I told her she probably won't be able to make enough milk because she won't be able to get enough rest while she is breastfeeding.



Hi,  
My neighbor's daughter is pregnant and she wants to breastfeed. My neighbor doesn't think her daughter should breastfeed because she smokes cigarettes. I told her that even women who smoke are encouraged to breastfeed.



Hi,  
My son and his girlfriend were talking about having a baby the other day and they want to breastfeed their children. I want my grandbabies to be breastfed, too. But you know, Nancy, women with small breasts can't make enough milk for their babies. And John's poor girlfriend, well, she is not very well endowed if you know what I mean.



Hi,  
I am going to Brenda's grandson's first birthday party. Did you know that her grandson is still being breastfed? I sure hope someone tells his mother that babies should be weaned when they are a year old.



Hi,  
Bob's girlfriend is breastfeeding my grandson and he likes to nurse often. Sarah thinks she doesn't have enough milk. She wants to give the baby some formula because she says there is just no way to know if he is getting enough breastmilk.



Hi,  
Kate's daughter is having a hard time with breastfeeding and Kate says the baby wants to nurse a lot at night. Kate thinks she should give the baby some cereal so that the baby will sleep better.



Hi,  
Betty's daughter-in-law doesn't think she is making enough milk for her baby. I told Betty to suggest that her daughter-in-law drink some beer to increase her milk supply. That's what they told us when we were breastfeeding our kids.



Hi,  
June's daughter wants to breastfeed, but June is worried. Her daughter likes to have a glass of beer or wine sometimes with dinner and June is concerned for the baby. I told June that women who like to have an occasional alcoholic beverage should be encouraged to breastfeed. Breastmilk is just so good for babies.



Hi,  
My youngest daughter is pregnant and she is in school. She wants to breastfeed, but she thinks it will be too difficult to return to school and breastfeed.



Hi,  
My daughter is pregnant and she is going to breastfeed. I told her she needs to get her nipples prepared for breastfeeding. Remember how we were told to rub our nipples with a washcloth in the shower to "toughen them up"?



Hi,  
Boy, it sure has been hot this week. My daughter is nursing and she wanted to give the baby some water. I told her that breastfed babies don't need to drink water, even when it is hot outside.



Hi,  
Since my daughter-in-law has gotten pregnant, all she does is talk about breastfeeding. She is so worried that she won't be able to make enough milk for the baby. I told her not to worry because they have great new baby formulas on the market that are just as good as breastmilk.

