

My head is buzzing from all the phone calls we are getting. Mom thinks she has to talk to everyone and then when they ask what they can do to help us out she says nothing! I really need to spend more time breastfeeding with Mom. What can you do you do to help us. Grandmother?



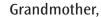
Mom's breasts have been making milk for 10 days now and boy are they good at it. Mom says her breasts don't feel as full as they did on the 3rd day after I was born. Let me tell you Grandmother, there is plenty of milk for me and then some. Can you help me boost Mom's self-confidence?





Oh my, Grandmother,

For some reason I just want to nurse all day today. I am doing just fine and getting plenty of milk. Maybe I am growing and just need a little boost today. Mom thinks her milk supply is decreasing. Can you help her Grandmother?



Mom is worried that I am not getting enough breastmilk. She wishes she could see and measure what I get at the breast so she would know for sure. She is even thinking about giving me some of that artificial baby milk. Help me, Grandmother!





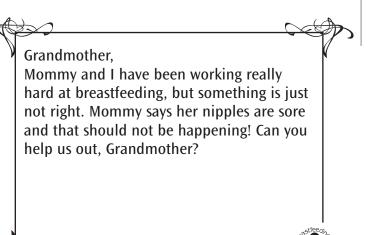
Okay Grandmother, here's the deal.

Mom is worried about when to feed me. I wish I could just say, "Hey, I'm hungry, feed me."

But you know I can't do that. I am trying to tell mom I am hungry, but no one told her to watch my body language. She is missing my messages. Can you teach my mom, please, Grandmother? Oh, and by the way, Grandmother, could you remind her about keeping me close so she can see my messages, both when we are in the hospital and when we are at home?

Help, Grandmother!

Mom is thinking about putting me in the nursery at the hospital tonight so she can sleep. Someone has given her the idea this is her last night to get a good rest before we go home. That somebody doesn't know about moms and babies and breastfeeding. They are even trying to convince Mom that it is okay for me to get some of that artificial baby milk if I get hungry at night. Can you please talk to Mom, Grandmother?



Dear Grandmother,
Even though I haven't been born yet, I want
to ask you for some help. You see, as soon
as I am born, I want to be held by Mommy.
I want to see her face and lie in her arms,
close to her heart. And, above all, I am
really, really going to want to breastfeed.
All that labor is hard work! What can you
do to see that nothing comes between me

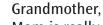
and the breast when I am born?



Let me tell you something, Grandmother!

Mommy and I need a lot of time together —
holding on to each other and breastfeeding.

Mom can't hold me enough when all these
strange visitors are passing me around. And
Mommy is too shy to breastfeed me when
they are here. Please help us, Grandmother!

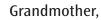


Mom is really confused. She thinks I should be eating according to some timed schedule. Please tell my mom I don't know anything about time yet. I only know when I am hungry and when I need to breastfeed. I like to snack a lot because my stomach is really small. Mom does plenty of snacking herself. Can you help my mom understand my eating habits?





Things could go bad here. My mom's friend keeps telling Mom that I will sleep longer if she gives me some of that artificial baby milk. You and I both know that isn't the best idea. Can you help save breastfeeding for me Grandmother?



You are not going to believe what Aunt Millie told Mommy. She said Mommy should feed me cereal at night so I will sleep longer. You and I both know how great breastmilk is, that I won't need anything but Mommy's milk for a long time. Can you help Mommy to understand? And by the way, could you talk to Aunt Millie, too?







What is with these adults! They keep telling Mommy she will spoil me by picking me up and breastfeeding me. I think they are just jealous – what do you think, Grandmother? Don't they know if Mom lets me breastfeed a lot now, she will have plenty of milk for me? Please help her Grandmother!



Mommy is really tired, but she won't ask for help. I am afraid she is going to get too tired to sing and play with me and, most importantly, to breastfeed me as much as we need. Please, Grandmother, what can you do to help us out?







Grandmother,

My mommy is fabulous. She is a champ at breastfeeding. Nobody tells her how great she is except for me. I think she deserves a medal. But, I can't say it to her yet. Could you tell her for me Grandmother, please?



Oh Grandmother.

Mommy is really feeling overwhelmed. She is worried about cleaning the house and writing thank-you notes for all the nice gifts we got and doing all the laundry. She wants to cook a nice meal, too. It makes me tired just thinking about all of this. And Mommy is forgetting that I need extra love and attention and time breastfeeding. She is just trying to be the best mommy. Please help her out, Grandmother.





Grandmother,

My friend Ben came over today. Ben's mom feeds him artificial baby milk. Ben had a dirty diaper while he was visiting and my mom saw his stool. It looks really different than mine and now mom thinks I have diarrhea. She is worried about me. Can you talk to her please, Grandmother?



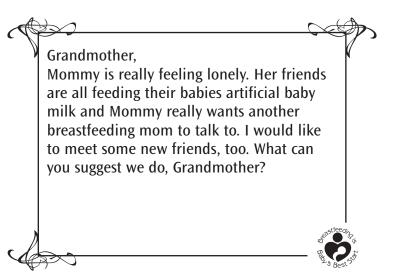
Grandmother,

The nurse just brought in a diaper bag for Mom to take home with her. She told Mom it was a free gift. Mom was all excited, but guess what is in the bag? Artificial | baby milk! What in the world does Mom need that for? I don't think Mom should take this home with us. Can you help us out, Grandmother?



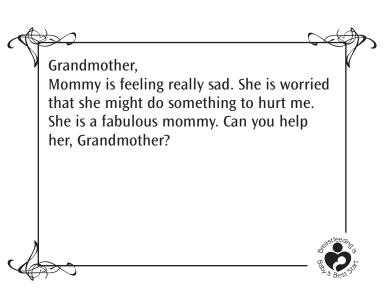






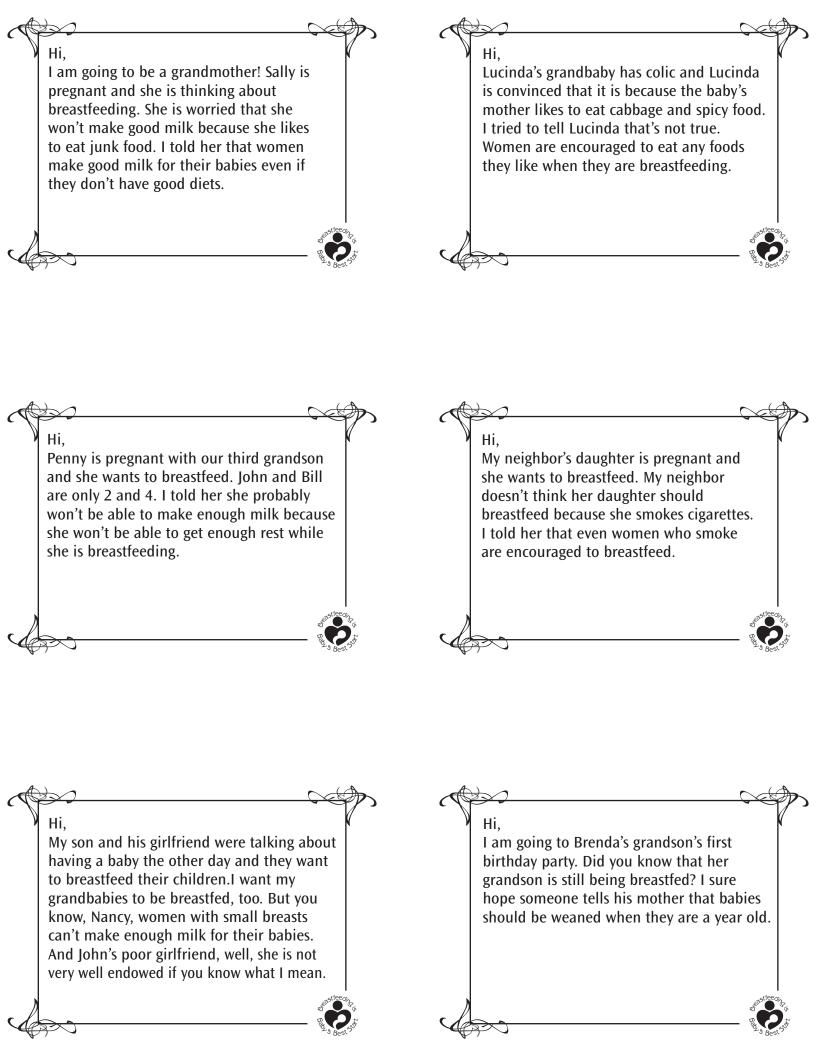
Grandmother,
I'm still growing inside Mommy and she is
trying to decide how to feed me when I am
born. Breastfeeding gets my vote! Mommy
knows that breastmilk is healthy for me, but
she doesn't know all the good things about
breastfeeding for her. Can you tell her,
Grandmother? And remind her it is
something only she and I can do together.

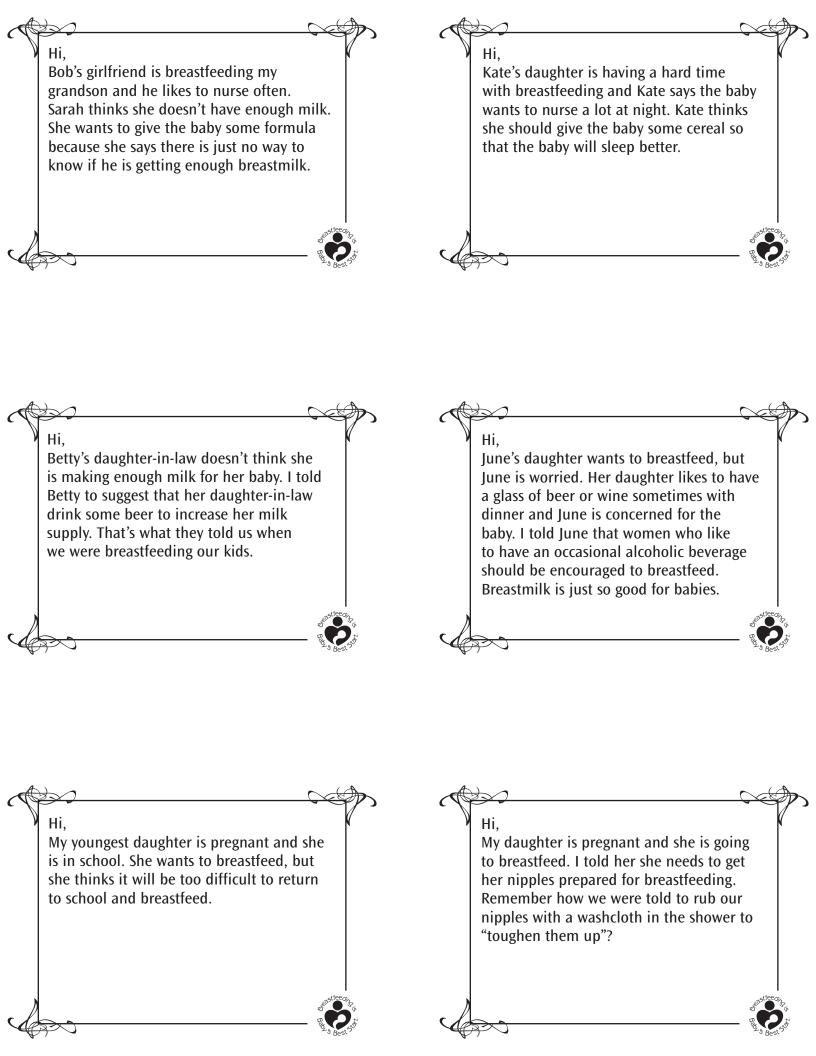
Thanks, Grandmother!

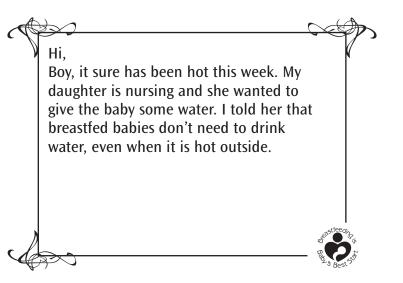


Grandmother, you're the best!
You supported me and Mommy through
the first two weeks of breastfeeding and
now we are pros. We couldn't have done it
without you. You deserve a great big prize!









Hi,
Since my daughter-in-law has gotten
pregnant, all she does is talk about
breastfeeding. She is so worried that
she won't be able to make enough milk
for the baby. I told her not to worry
because they have great new baby
formulas on the market that are just
as good as breastmilk.

