

For more information contact the
Illinois WIC Program:

Monday - Friday during business hours
1-217-782-2166
1-888-261-2713 (NexTalk)

To find the closest WIC office to you,
use the IDHS Office Locator at:

<http://www.dhs.state.il.us/page.aspx?item=30513>

To check eligibility:

<http://stars.fns.usda.gov/wps/pages/start.jsf>



DHS 4730 (R-10-14) WIC Breastfeeding Food Packages
Printed by the Authority of the State of Illinois. 1,000 copies P.O.#15-0564
USDA is an equal opportunity provider and employer.



Illinois WIC Breastfeeding Food Packages

Breastfeeding Moms benefit from WIC!

- ♥ Breastfeeding moms are on WIC longer than moms who do not breastfeed.
- ♥ Exclusively breastfed infants and moms receive more food.
- ♥ Trained staff help moms and babies with breastfeeding.
- ♥ Assistance with breastpumps is available.



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Breastfeeding

Mom makes all the milk baby needs.



Formula

WIC doesn't provide all the formula your baby will need.



**benefits end at 6 months for non-breastfeeding mom*



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