## Social Media and Breastfeeding Support-True/False Quiz

Please read the following to determine if the statement is **True** or **False.** 

1. Breastfeeding rates were at their highest during the 1600's.

\_\_\_\_\_True \_\_\_\_\_False

2. During the 1900-1950's, breastfeeding rates began to increase because of World War II and growing numbers of women entering into the workforce.

True	False

3. Baby Boomers' mode of communication included phone calls and face-to-face contact.

\_\_\_\_\_True \_\_\_\_\_False

4. Generation X used personal computers and e-mail as their primary mode of communication

\_\_\_\_\_True \_\_\_\_\_False

5. Millennials and Gen Z do not like using their phones to communicate with their peers.

\_\_\_\_\_True \_\_\_\_\_False

6. Social media is defined as forms of electronic communication through which users create online communities to share ideas, information, personal messages, and other content.

\_\_\_\_\_True \_\_\_\_\_False

7. According to the Pew Research Center, 74% of people use Facebook on a daily basis.

\_\_\_\_\_True \_\_\_\_\_False

8. Social Media should not be used to provide breastfeeding support or promotion to Millennial and Gen Z mothers or women of color.

\_\_\_\_\_True \_\_\_\_\_False

9. Fathers benefit from online breastfeeding support using apps such as "Milk Man" to provide breastfeeding information and resources.

\_\_\_\_\_True \_\_\_\_\_False

10. The Healthy People's 2020 target goal for exclusive breastfeeding at 3 months is 46.2%

\_\_\_\_\_True

\_\_\_\_\_False