



Springfield
Urban League, Inc.

Empowering Communities.
Changing Lives.



SPRINGFIELD URBAN LEAGUE COMMUNITY HEALTH TRAINING CENTER

DOWNTOWN SPRINGFIELD TRAINING SITE - OLD TOWN PLAZA

Located at: 3 West Old State Capitol Plaza
Old Town Mall, Suite 10
Springfield, IL 62701
Phone: (217) 544-8516
Fax: (217) 544-8635

ABOUT THE SPRINGFIELD SITE:

- There are 20 personal computers in the classroom. Food, drinks and smoking are not allowed in the classroom.
- Coffee, hot tea, and hot chocolate will be available each day. A soda machine (Pepsi products - \$.60/can) is on site.
- There is a refrigerator and microwave on site and trainees are welcome to bring their lunch.

DIRECTIONS TO THE DOWNTOWN SITE:

FROM I-55:

- Take the CLEARLAKE exit-west into town. Remain on Clearlake Avenue (which becomes Jefferson Street) until 5th Street and turn left. Take 5th Street south 2 blocks, and turn right on Adams Street. At the first light on Adams Street, turn right onto 4th Street. Parking is available on 4th Street; 1) To the right there is limited parking in the lot behind the Training Center, attendant on duty; \$4 a day. 2) And to the left there is a municipal parking garage; \$3 a day (must have correct amount, no attendant on duty), the Training Center can be accessed (*between Augie's and Quizno's*) from the front entrance (on 5th Street) or the rear entrance (on 4th Street) (*door under Old Town Mall sign*).

LODGING AND RESTAURANT INFORMATION:

- Informational brochures about hotels and restaurants in the Springfield area are enclosed.

ACTIVITIES IN SPRINGFIELD:

- The Abraham Lincoln Presidential Library and Museum
- The State Capitol Complex
- Illinois State Museum
- The Old State Capitol
- The Lincoln Sites
- Shopping



CONTINUING EDUCATION UNITS/CONTACT HOUR INFORMATION:

- Oakton Community College is offering Contact Hours and Continuing Education Units (CEUs) for Registered Nurses, Registered Dietitians and Social Workers who are certified in Illinois. The number of CEUs and Contact Hours are available at the Training Center.

