Empowering Women to Choose Breastfeeding
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Handout for note taking

Exam the negative feelings behind a woman’s decision to choose artificial infant milk rather than breast milk

Provide information that will impact their decision to choose breastfeeding

Communicate with women regarding their ability to breastfeed

What factors influence a woman’s decision to breastfeed?

How do you motivate?

What can you say to impact their decision to breastfeed?

Education is Essential!
How to Present the Education

Effective Communication

How important is Attitude?

Questionnaires – how to assess

Helping then set goals

Asking for concerns

Realistic Expectations

Getting them off to a good start.

Support – is it really important?
References


*Communication Skills*. (File last modified on Unknown ). [Microsoft Word File].


